



## The X-plore Adventure Challenge 2008

Sunday 22<sup>nd</sup> June 2008 – 9:30 am to 4 pm

Open to teams of four people between  
the ages of 14 and 18 years old

### What's it all about?

The 'X-plore Adventure Challenge' is an event open to young people from across the Scottish Borders to come along and 'explore' or try out activities outdoors.

### What will I be doing?

- ...First of all you and your team have to work together to find the check-points. These will be spread about across Riddell Estate, but you will have a map to help you.
- At each of the check-points you will need to work together to complete a physical or mental challenge in order to collect a clue.
- By collecting as many of the clues as possible you will be able to solve one final challenge.
- The teams that solve the final challenge first will win the prizes.

### What will I need?

Each team member must have strong/ sturdy shoes or boots, a waterproof jacket, a packed lunch and a drink in a small rucksack, and because some of the challenges are wet and muddy a change of clothes in a plastic bag, labelled with your name, but no Jeans please.

### Why not Jeans?

When Jeans get wet they are very uncomfortable and cold to wear.

### But I have never done something like this before...

That doesn't matter. Even if you have done something similar before the X-plore Adventure Challenge gives you a change to try new things with your friends for the first time.

### Do I need to have an adult with me?

No. This is a challenge for teams of people between 14 and 18 years old.

### How much does it cost?

Nothing – there is no entry fee - it's free.

### What time is it?

Registration will be open from 9:30 am and there will be a briefing at 9:50 am with the first teams starting at 10 am. The challenge will finish at 3 pm, when there will be refreshments available to everyone. The prizes will be awarded around 3:30 pm and the event will be finished by 4 pm.

### Who are Borders Exploration Group?

Borders Exploration Group is perhaps best known for our bi-annual international expeditions. We are a voluntary charity established in the Scottish Borders in 1991, and we provide outdoor and adventurous opportunities to young people. For more information about the organisation visit our website at [www.borders-exploration-group.org.uk](http://www.borders-exploration-group.org.uk)

Any more questions or want an entry pack? Why not email: [xplore@borders-exploration-group.org.uk](mailto:xplore@borders-exploration-group.org.uk)  
Or phone Vicki on (01896) 758608